



Faith

Now faith is the substance of things hoped
for, the evidence of things not seen.

Hebrews 11:1



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Faith Discussion prompts



T Together idea
Share dessert / sweet treat

R Relate to your life prompts
Parents share your salvation story. When and how did you come to know Jesus?

A Apply Scripture ideas

Go around the group. Discuss the meaning of this month's scripture. : **Now faith is the substance of things hoped for, the evidence of things not seen. Hebrews 11:1**

I Interact idea

Play game of pictiornary of things that you believe in but cannot see.

N Now pray prompts

Pray and ask God to reveal himself more to you. Through time with him in prayer, his word, through people and experiences.



Faith Discussion prompts



T Together idea
Everyone put on the same clothing accessory. Eg tie or scarf

R Relate to your life prompts

Discuss other theories that people believe. What is evolution / Big Bang? Share if there was ever a time in your life where you doubted God was real or believed something different. What caused / lead you to believe in God?

A Apply Scripture ideas

Read scripture 5 discuss. **Thomas replied, "My Lord and my God!" Jesus said to him, "Because you have seen Me, you have believed; blessed are those who have not seen and yet have believed." John 20:29.**

I Interact idea

Play game of charades "Actions that require FAITH or watch episode 2 of the alpha series on youtube. (older kids).

N Now pray prompts

Pray for God increase your faith in him and to help you with any doubts / questions that you may have.



Faith Discussion prompts



T Together idea
Share a hot / cold drink

R Relate to your life prompts
Share experiences in your own life where God answered prayer / revealed himself / miracles.

A Apply Scripture ideas

Read scripture 8 discuss **"For we live by faith, not by sight." 2 Corinthians 5:7**

I Interact idea

Play game "walk of faith" OR discuss stories of who has experienced a miracle / radical answer to prayer either themselves or someone they know.

N Now pray prompts

Pray for God to give you the GIFT of faith. To help you believe in God more even though we cannot see him.



Faith Discussion prompts



T Together idea
Everyone sit together in an. unusual place in house. Eg kitchen floor, whole family squeeze onto parents bed, sit in attic or outdoors.

R Relate to your life prompts

Discuss Why do some people not believe / struggle in God? Thomas and he's journey to believing that Jesus is the messiah / That it's ok to ask questions.

A Apply Scripture ideas

Read scripture 8 discuss. **Jesus answered, "I am the way and the truth and the life. No one comes to the Father except through Me. John 14:6**

I Interact idea

Write down names of those friends 8 families that are not christians yet. Place these names on your fridge or prayer wall.

N Now pray prompts

Pray for salvation of those who you wrote down names for.





What we Say

The tongue has the power of life and death,
and those who love it will eat its fruit.

Proverbs 18:21



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What we Say Discussion prompts



T Together idea
Everyone bring / show an object that represents outdoors or natural beauty

R Relate to your life prompts
Share about how it is sometimes a struggle to always speak good words. When is it difficult eg. angry or sad. Give an example of a time you said something you regretted later. What did you learn from this?

A Apply Scripture ideas
Read scripture & discuss. **The tongue has the power of life and death, and those who love it will eat its fruit. Proverbs 18:21**

I Interact idea
Discuss why the bible says our words are so powerful. How did God create the world? Through using only his words. Let everyone share about what object they are holding & how it was created by God speaking it.

N Now pray prompts
Pray for God to help us watch our words & only speak kind & good things.



What we Say Discussion prompts



T Together idea
Share devotional time over a hot meal together

R Relate to your life prompts
Share about a time when someone said something negative / hurtful in your life. How did it make you feel. How did you get over it?

A Apply Scripture ideas
Read scripture & discuss "The soothing tongue is a tree of life, but a perverse tongue crushes the spirit." **Proverbs 15:4**

I Interact idea
Play a few rounds of "Guess the food", challenge.

N Now pray prompts
Pray for God to help us forgive those who have said mean / hurtful words about us. Ask him to heal our hearts.



What we Say Discussion prompts



T Together idea
Eat chewing gum o/ chocolate or a sweet

R Relate to your life prompts
Share about a time when someone said something positive / encouraging to you and it really helped you / made a difference in your life.

A Apply Scripture ideas
Read scripture & discuss "let no unwholesome talk come out of your mouths, but only what is helpful for building up the one in need and bringing grace to those who listen." **Ephesians 4:29**

I Interact idea
Use encouragement word cards to write something positive/ encouraging about everyone in group then allow a time to read what everyone said about them.

N Now pray prompts
Pray for God to help us use our mouths to encourage other people.



What we Say



The tongue has the power of life and death,
and those who love it will eat its fruit.

Proverbs 18:21



What we see

The eye is the lamp of the body. So, if your eye is healthy, your whole body will be full of light, but if your eye is bad, your whole body will be full of darkness.

Matthew 6:22



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Matthew 6:22

What we See Discussion prompts



T Together idea
Wear shades / sunglasses or a hat

R Relate to your life prompts
Share your experience growing up. What shows did you watch? What was allowed? What were your favorite shows?

A Apply Scripture ideas
Memorize & discuss scripture "The eye is the lamp of the body. So, if your eye is healthy, your whole body will be full of light, but if your eye is bad, your whole body will be full of darkness." Matthew 6:22

I Interact idea
Play a round of "Blindfold chores" game or "I spy with my little eye"

N Now pray prompts
Pray for Gods protection for your eyes. Specifically against seeing harmful pictures, tv shows & movies. Pray for discernment to know what is LIGHT and what is DARK.



What we See Discussion prompts



T Together idea
Listen / sing a worship song together

R Relate to your life prompts
Share a negative experience of a movie you watched that you wished you hadn't. Why?

A Apply Scripture ideas
Memorize & discuss "I will set no worthless or wicked thing before my eyes. I hate the practice of those who fall away; it will not grasp hold of me." Psalm 101:3

I Interact idea
Play a game of 30 seconds movie theme.

N Now pray prompts
Pray for things that you have watched that have been scary or harmful. Ask God to help removing those images from your memory.



What we See Discussion prompts



T Together idea
Sit together in the lounge / tv room.

R Relate to your life prompts
Share about a movie you watched that impacted you positively & why?

A Apply Scripture ideas
Memorize & discuss scripture "For since the world began, no ear has heard and no eye has seen a God like you, who works for those who wait for him!" Isaiah 64:4

I Interact idea
Everyone shares their favourite movie or series that they are watching at moment.

N Now pray prompts
Pray for Gods help to find good content to watch. Good movies, series & music.



What we See Discussion prompts



T Together idea
Listen to this devotional with your eyes closed

R Relate to your life prompts
Share what type of things (movies, sermons, music) you watch now & why you have made this choice. Share if you have ever had to switch off a movie half way through & why you did it.

A Apply Scripture ideas
Meditate on the scripture of the month (Matthew 6:22). Reward those who have memorized it.

I Interact idea
Discuss your guidelines for watching tv / youtube. When are you allowed to watch and what. Clarify your family rules & why you have them.

N Now pray prompts
Pray for the Holy Spirit to help you with self control to watch the things that are good for you & to not watch things that are worthless or harmful.





Friendships

Iron sharpens iron, and one man sharpens another
Proverbs 27:17



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Friendships Discussion prompts

#1

T Together idea
Everyone bring a metal / iron object. (Refer to this when discussing the scripture.)

R Relate to your life prompts
Share who were your child hood friends? Are you still in contact?

A Apply Scripture ideas
Read 8 remember the scripture of the month **iron sharpens iron, and one man sharpens another.** Proverbs 27:17

I Interact idea
Play a game of charades using "friends" from the bible as a theme.

N Now pray prompts
Thank God for friends. Pray and bless them by name.



Friendships Discussion prompts

#3

T Together idea
Wear an item of clothing borrowed from another family member

R Relate to your life prompts
Share who your friends are now as an adult. Why have you chosen them as friends?

A Apply Scripture ideas
Read 8 discuss "Do not be misled: **Bad company corrupts good character.**" 1 Corinthians 15:33

I Interact idea
Discuss what are qualities of good friends? And bad friends? Discuss how we are to choose our friends wisely.

N Now pray prompts
Pray for Gods help with having good friends. Ask him to help you identify friendships that are not good for you.



Friendships Discussion prompts

#2

T Together idea
Everyone to share a treat together. (Eg bag of chips, chocolate bar etc)

R Relate to your life prompts
Share some of your experience with having good friends and bad friends while growing up.

A Apply Scripture ideas
Read 8 discuss the scripture "**A man that hath friends must show himself friendly, and there is a friend that sticks closer than a brother.**" Proverbs 18:24

I Interact idea
Discuss what does the bible say about how to make more friends? What would this look like in your everyday life?

N Now pray prompts
Pray and ask God to help you make more friends.



Friendships Discussion prompts

#4

T Together idea
Start off this time by giving each family member a "Hi-5"

R Relate to your life prompts
Share an example of a story where a good friend was there to help you or encourage you. Share an example of a time you were a good friend to someone.

A Apply Scripture ideas
Read 8 remember the scripture of the month **Proverbs 27:17.** Reward those who have it memorized.

I Interact idea
Allow everyone to share about who their friends are now. Why? Discuss if they are they a good friend? Share ideas on how we could improve on being a better friend to others?

N Now pray prompts
Pray and ask God for his help on being a good friend to others.





Relationships

So God created man in his own image, in the image of God he created him; male and female he created them. And God blessed them. And God said to them, 'Be fruitful and multiply.'

Genesis 1:27



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Relationships Discussion prompts

#1

T Together idea
Everyone to wear a "red" item of clothing.

R Relate to your life prompts
Share the story of how you met your spouse.

A Apply Scripture ideas
Read & remember the scripture of the month "So God created man in his own image, in the image of God he created him; male and female he created them. And God blessed them. And God said to them, 'Be fruitful and multiply.'" Genesis 1:27

I Interact idea
Play a game of 30 seconds using theme famous couples from the bible.

N Now pray prompts
Thank God for creating you in His image. Thank Him for your how you look, your gender & personality.



Relationships Discussion prompts

#3

T Together idea
Set a romantic atmosphere by lighting a candle.

R Relate to your life prompts
Share about an experience with a having a broken heart. What did you learn? How did you grow?

A Apply Scripture ideas
Read & discuss "Wives, submit yourselves to your own husbands as you do to the Lord. 23 For the husband is the head of the wife as Christ is the head of the church, his body, of which he is the Savior." Ephesians 5:22

I Interact idea
Allow everyone to write down questions on dating, love & relationships and put into a jar. Answer & discuss these.

N Now pray prompts
Ask God to help you to look after your heart well. Pray for wisdom in your relationships.



Relationships Discussion prompts

#2

T Together idea
Everyone share some chocolate treats.

R Relate to your life prompts
Share about your experience growing up. When were you allowed to start dating? What did the area of your love life look like?

A Apply Scripture ideas
Read & discuss the scripture "Husbands, love your wives, just as Christ loved the church. He gave up his life for her." Ephesians 5:25

I Interact idea
Research together the definition of how God defines love. Chat about how this is the goal for spouses and family members to treat each other. Discuss what areas could be improved according this definition.

N Now pray prompts
Ask God to help you to make good decisions in the future regarding dating & relationships.



Relationships Discussion prompts

#4

T Together idea
Give everyone a kiss on the cheek.

R Relate to your life prompts
Share your hopes & dreams for your children in the area of dating & marriage.

A Apply Scripture ideas
Read & remember the scripture of the month Genesis 1:27. Reward those who have it memorized.

I Interact idea
Discuss what are good qualities to look for in a future spouse. Also discuss what are the guidelines about dating in your family. Why?

N Now pray prompts
Pray for your future spouse. Ask God to prepare them for you and you for them.





Family

Whoever claims to love God yet hates a brother or sister is a liar. For whoever does not love their brother and sister, whom they have seen, cannot love God, whom they have not seen.

1 John 4:20



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Family Relationships Discussion prompts



Together idea
Bring pictures of extended family / photo album

Relate to your life prompts

Briefly go through your family tree. Describe your relationships with your parents & siblings.

Apply Scripture ideas

Read & remember the scripture of the month. Whoever claims to love God yet hates a brother or sister is a liar. For whoever does not love their brother and sister, whom they have seen, cannot love God, whom they have not seen. 1 John 4:20

Interact idea

Play a game of charades using family (and extended) members.

Now pray prompts

Pray for your extended family members. Pray for their needs, their protection and blessing upon their lives.



Family Relationships Discussion prompts



Together idea
Everyone to bring crayons / pencils.

Relate to your life prompts

Share about some of the negative experiences in your upbringing. What did you learn from this? What do you want to do differently in your own family?

Apply Scripture ideas

Read & discuss "Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you." Colossians 3:13

Interact idea

Discuss what are the guidelines / rules for treating each other in your family. Why? Talk about how this scripture can be applied to everyday life. Allow a time for others to ask forgiveness for something they did that hurt someone else.

Now pray prompts

Ask God to help you forgive if theres someone that caused you pain in your family. Ask for His help in treating each other in a loving way.



Family Relationships Discussion prompts



Together idea
Everyone to bring one item that represents a memory from their childhood. (Toy, picture etc)

Relate to your life prompts

Share positive experiences, fun memories, traditions from your up bringing. Share what you enjoyed and would like to carry forward into your own family.

Apply Scripture ideas

Read & discuss "Children are a gift from the Lord; they are a reward from him." Psalm 127:3

Interact idea

Write down your family highlights. Share your favourite memories, traditions, trips, hobbies etc.

Now pray prompts

Thank God for family & fun times together. Ask him to help you create more good experiences together. Ask him for help with appreciating each other.



Family Relationships Discussion prompts



Together idea
Everyone to bring 3 x clothing item. Eg 3 sets of shoes.

Relate to your life prompts

Share what are the hopes for your children in this area when they are adults. What would you like your relationship to be with like them as adults? What are you looking forward to in future?

Apply Scripture ideas

Read & remember the scripture of the month 1 John 4:20. Reward those who have it memorized.

Interact idea

Discuss how the trinity of God is like a family. Discuss the role of the Father. Comforter (Holy spirit). The son (Jesus). Explain how they are all God and how we can relationship that is unique with them all.

Now pray prompts

Ask God to help you know Him more as a good father. Ask the Holy Spirit to be your helper and to teach you more about him. Ask Jesus to help you to know him more as a brother who you can relate to.





Learning

The fear of the Lord is the beginning of knowledge; fools despise wisdom and instruction.

Proverbs 1:7



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Learning Discussion prompts

#1

T Together idea
Everyone to bring a stationary item.

R Relate to your life prompts
Share your experience with school / university life. Where did you enjoy your experience?

A Apply Scripture ideas
Read 8 discuss "The fear of the Lord is the beginning of knowledge; fools despise wisdom and instruction." Proverbs 1:7

I Interact idea
Play a game of 30 seconds using school subjects as a theme.

N Now pray prompts
Thank God for your teachers. Pray and bless them.



Learning Discussion prompts

#3

T Together idea
Everyone to sit around a table.

R Relate to your life prompts
Share one or two positive examples from your school life. How did it help you become who you are today?

A Apply Scripture ideas
Read 8 discuss "How much better to get wisdom than gold, to get insight rather than silver!" Proverbs 16:16

I Interact idea
Allow kids to share about what they currently enjoy about school. What do they not enjoy / find difficult?

N Now pray prompts
Thank God for sending the holy spirit to be our helper. Ask for the holy spirit to help you in the area of school especially with the things you are finding difficult.



Learning Discussion prompts

#2

T Together idea
Everyone to bring a school lunch box snack. (Fruit, sand which, biscuit)

R Relate to your life prompts
Share about what were your favorite subjects in school. Why?

A Apply Scripture ideas
Read 8 discuss "Show me your ways, Lord, teach me your paths." Psalm 25:4

I Interact idea
Discuss what subjects children currently enjoy at school. Why? Which are they good at? What are possible career choices that could result from these interests.

N Now pray prompts
Pray for God to direct your steps with choosing subjects in future in line with the plans He has for you.



Learning Discussion prompts

#4

T Together idea
Everyone brings pencils / crayons.

R Relate to your life prompts
Share your hopes and your dreams for your children in the area of their school & university life.

A Apply Scripture ideas
Read 8 remember the scripture of the month Proverbs 1:7. Reward those who have it memorized.

I Interact idea
Discuss why is school / education important? What happens if you don't have an education?

N Now pray prompts
Thank God that He has made you unique with special interests & abilities. Pray for Him to give you a good attitude towards school and learning.





Obedience

Walk in obedience to all that the Lord your God has commanded you, so that you may live long and prosper.

Deuteronomy 5:33



Obedience

Walk in obedience to all that the Lord your God has commanded you, so that you may live long and prosper.

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Obedience Discussion prompts

#1

Together idea
Everyone bring popcorn / chips / salty snack.

Relate to your life prompts
Share about a time in your childhood where you did not follow a rule and got into trouble. What happened?

Apply Scripture ideas
Read & discuss "Walk in obedience to all that the Lord your God has commanded you, so that you may live long and prosper." Deuteronomy 5:33

Interact idea
As a group write down the 10 commandments. See if you know them all. Look up in scripture ones you cannot remember. Discuss why do you think God made these rules? How is this similar to parents making rules in their homes?

Now pray prompts
Thank God that he cares about our lives. Thank him for loving us so much that he gave us guidelines for doing life to protect us from pain and bad consequences.



Obedience Discussion prompts

#3

Together idea
Everyone bring a tablet or medicine. (Read out ingredients at back. Discuss how we don't understand it all but we know that it is good for us.)

Relate to your life prompts
Talk about one rule your parents had which you did not like or understand at the time but now as adult you are thankful for it.

Apply Scripture ideas
Read & discuss "Honor your father and your mother, that your days may be long in the land that the Lord your God is giving you." Exodus 20:12

Interact idea
Write down & discuss the rules in your home. Allow everyone to participate and make new rules. Discuss reasons for each of them. Place on wall / where everyone can see.

Now pray prompts
Ask God to help you obey your parents and to honour them.



Obedience Discussion prompts

#2

Together idea
Choose a leader by playing rock, paper, scissors. The leader must decide which room, time, position everyone must sit and object to bring. Everyone must practice obedience.

Relate to your life prompts
Share what is the worst consequences you have had to endure because of a poor decision. Discuss what is a consequence.

Apply Scripture ideas
Read & discuss "Let everyone be subject to the governing authorities, for there is no authority except that which God has established." Romans 13:1

Interact idea
Discuss what life would look like if nobody followed the rules? School? Everyday life? Would life be safe, good?

Now pray prompts
Thank God for rules and order. Thank him for policemen and judges and leaders. Pray for God to protect them, give them wisdom and bless them.



Obedience Discussion prompts

#4

Together idea
Everyone to bring a white flag. (Piece of white clothing eg. sock, t-shirt)

Relate to your life prompts
Discuss the concept that rules are good but some are sometimes hard to follow. Share an example of a rule you are working hard at obeying. Eg speed limit

Apply Scripture ideas
Read & remember the scripture of the month Deuteronomy 5:33. Reward those who have it memorized.

Interact idea
Use your white flag as a visual representation on a moment of honesty. What rule are you currently struggling to obey? At school or home.

Now pray prompts
Thank God for sending the holy spirit to be our helper. Ask for the holy spirit to help you with obeying rules especially with the ones you are finding hard.





Your Future

For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future.

Jeremiah 29:11



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Your future Discussion prompts



T Together idea
Everyone bring an object symbolizing a profession. Eg tools, cutlery, microphone.

R Relate to your life prompts
Share on what profession you wanted to do when you were growing up. Why?

Apply Scripture ideas

A Read & memorize scripture. of the month "For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future.
Jeremiah 29:11

Interact idea

I Play a game of Pictionary using different professions.

Now pray prompts

N Thank God for all the important professions. Thank him for your teachers, doctors, pastors etc and ask him to bless their work.



Your future Discussion prompts



T Together idea
Everyone bring a book.

R Relate to your life prompts

Share your journey on how you decided what career to pursue. How did you decide that? Is it in line with the gifts and talents God gave you?

Apply Scripture ideas

A Read & discuss "Your eyes saw my unformed body; all my days were written in Your book and ordained for me before one of them came to be." Psalm 139:16

Interact idea

I Discuss why God gave us all different talents. Using the talents and gifts cards, take turns writing down each persons gifts & talents. Or Encourage each other by guessing what professions they would be good at in the future & why you think so.

Now pray prompts

N Thank God for how special God made you. Thank him for your different talents and gifts. Ask Him to help you to discover them, develop them and use them for His glory.



Your future Discussion prompts



T Together idea
Everyone bring their bible / bible app on their phones.

R Relate to your life prompts
Describe your current job. What do you do? What are the positives and negatives of your job? If time allows briefly describe previous jobs you have had.

Apply Scripture ideas

A Read "Whatever you do, work at it with all your heart, as working for the Lord, not for human masters." Colossians 3:23

Interact idea

I Research (or just read scripture for younger kids) in the book of genesis what was the first job God gave Adam to do? Discuss if work was originally created to be good?

Now pray prompts

N Ask God to help you have a good attitude towards work. That He would help you to be hardworking at school and with helping around the house.



Your future Discussion prompts



T Together idea
Everyone bring paper to make a poster & crayons.

R Relate to your life prompts

Share on what your personal dreams are in the area of your career development / goals.

Apply Scripture ideas

A Read & remember the scripture of the month Jeremiah 29:11.
Reward. those who have it memorized.

Interact idea

I Let everyone make a dream poster of what their future (when kids are adults) and in 10-15 years for parents. Dream in areas of family, career, their house, friendship with God. etc. Allow a time of showing & explaining their posters.

Now pray prompts

N Thank God that he has good plans for your future. Thank God for your future family and job and ask His help to make some of these dreams come true according to his will.





Thank life

Don't stop meeting together with other believers, which some people have gotten into the habit of doing. Instead, encourage each other, especially as you see the day drawing near.

Hebrews 10:25



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Church life Discussion prompts



T Together idea

Everyone sit together outdoors or on the floor

R Relate to your life prompts

Share about what was your church experience growing up. Did you attend church? What kind of church? What was good what wasn't?

A Apply Scripture ideas

Read & discuss the scripture of the month "Don't stop meeting together with other believers, which some people have gotten into the habit of doing. Instead, encourage each other, especially as you see the day drawing near." Hebrews 10:25

I Interact idea

Let kids use their bibles / or google to look up some of Jesus church experiences while he was growing up. Discuss them.

N Now pray prompts

Pray for God to help you with desiring to go to church just as Jesus did from a young boy.



Church life Discussion prompts



T Together idea

Everyone bring a different colour pen (for poster)

R Relate to your life prompts

Share more about your personal church experience. Do you volunteer at church? In what and why? Share your personal experience with tithing, baptism and taking communion. What are these church activities and why do we do them?

A Apply Scripture ideas

Read & discuss the scripture "Now when all the people were baptized, Jesus was also baptized, and while He was praying, heaven was opened." Luke 3:21

I Interact idea

Have a discussion or Do a feedback poster with every member giving feedback on your current church experience. What is good, what can be improved and what can we help with?

N Now pray prompts

Thank God for the church you belong to. Pray for the leaders and also ask God to help give your ideas / ways to get involved with serving in church.



Church life Discussion prompts



T Together idea

Everyone wear a head covering or a hat

R Relate to your life prompts

Share about your current experience. Where do you attend church, how long and why do you go?

A Apply Scripture ideas

Read & discuss the scripture "Don't you know that you yourselves are God's temple and that God's Spirit dwells in your midst?" 1 Corinthians 3:16

I Interact idea

Play a game of charades with theme (things we do at church).

N Now pray prompts

Thank God that He has made your body a temple for the Holy spirit.



Church life Discussion prompts



T Together idea

Everyone bring juice & bread / biscuit

R Relate to your life prompts

Share on what your hopes are. for your children in this area of church life.

A Apply Scripture ideas

Read & remember the scripture of the month Hebrews 10:25. Reward. those who have it memorized.

I Interact idea

Take communion together as a family

N Now pray prompts

Thank God for the church community who are your brothers & sisters in Christ. Pray for some of your friends from church.





Growing in God

Like newborn babies hungry for milk, you should want the pure teaching that feeds your spirit. With it you can grow up and be saved.

1 Peter 2:2



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Growing in God Discussion prompts



T Together idea
Everyone bring their bible

Relate to your life prompts
Share about your journey reading Gods word. When did you start? What does this discipline / routine look like in your life now? When? How much? Why?

Apply Scripture ideas
Read scripture & discuss. **Your word is a lamp for my feet, a light on my path.** Psalm 119:105

Interact idea
Everyone share their favourite verse from their bible. Highlight / colour it in.

Now pray prompts
Pray for God to give you a desire to read the bible. Ask him to help you to understand it and hear from him.



Growing in God Discussion prompts



T Together idea
Everyone bring a glass of water or a healthy vegetable / fruit.

Relate to your life prompts
Share about your experience with fasting. When did / do you fast? Why?

Apply Scripture ideas
Discuss the story of Daniel fasting & read the scripture "I ate no choice food; no meat or wine touched my lips; and I used no lotions at all until the three weeks were over." Daniel 10:3

Interact idea
Discuss how fasting is like vegetables to your body. It builds your spirit man making it stronger than your flesh/ natural body.
Everyone decide to fast next day from 1 thing. TV, sweets, sugar. Plan it. Do it.

Now pray prompts
Pray for God to give you a desire to do these spiritual disciplines like pray, ready bible and to help you grow in God.



Growing in God Discussion prompts



T Together idea
Everyone bring their cellphone or a cup of tea /hot chocolate

Relate to your life prompts
Talk about what prayer means to you. When did you start praying? What does that look like in your life? When, how long? Where? Why do you do this?

Apply Scripture ideas
Read scripture & discuss. **Rejoice always, pray without stopping.** 1 Thessalonians 5:16

Interact idea
Discuss what is prayer? How is it similar to a cellphone or talking to a friend over a cup of tea? Do a family prayer wall using prayer cards. Start a prayer journal.

Now pray prompts
Pray for God to help you to pray to him. Pray that your prayer life would be alive and fun and that you would be able to hear him speak back to you through his word, people, nature, emotions.



Growing in God Discussion prompts



T Together idea
Everyone writes down their favourite worship song.

Relate to your life prompts
Share about what worship means to you. When do you worship? How? What is your favourite form of musical worship? (singing, dancing, art, contemplative etc)

Apply Scripture ideas
Read the scripture of the month again. 1 Peter 2:2. Reward those who can memorize it.

Interact idea
Everyone sing a worship song together. (Play song & sing along or with instruments).

Now pray prompts
Pray for God to give you a heart of worship. That you would enjoy it and feel his presence during your worship to him.





God's Grace

For God so loved the world that He gave His one and only Son, that everyone who believes in Him shall not perish but have eternal life.

John 3:16



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John 3:16

Gods Grace Discussion prompts



T Together idea
Give everyone a treat they normally need to work for Eg. pocket money / sweet

R Relate to your life prompts
Share about a time you recieved something you never deserved. How did it make you feel?
How is it similar to Gods grace?

A Apply Scripture ideas
Memorize scripture "For God so loved the world that He gave His one and only Son, that everyone who believes in Him shall not perish but have eternal life." John 3:16

I Interact idea
Read the story of the prodical son. Discuss how they feel about the prodical son returning.
Was it fair? Is grace fair? How is God like this good father with us?

N Now pray prompts
Thank God for loving us so much that he sent Jesus. Pray that we never become like the older brother who was judgemental.



Gods Grace Discussion prompts



T Together idea
Let everyone bring a bag.

R Relate to your life prompts
Share a time in your life where you had tot extend grace (forgiveness) to somebody. Why was it difficult & how did God help you to do it?

A Apply Scripture ideas
Read & discuss "Then Peter came to Jesus and asked, "Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?" Jesus answered, "I tell you, not seven times, but seventy-seven times." Matthew 18:21

I Interact idea
Play "rocks of offense" game. Everyone fills their bag with heavy objects and does a race across the room first without the bag and secondly with the bag. Discuss how these bags slow them down in running the race of life & moving forward. Unforgiveness is like these bags.

N Now pray prompts
Pray for the Holy Spirit to help you forgive others thatt have hurt you. Choose to forgive them and tell God who you are forgiving.



Gods Grace Discussion prompts



T Together idea
Wear a coat / blanket or shawl

R Relate to your life prompts
Share a time in your life where you messed up/ made a big mistake. What did you learn? How did you experience Gods grace?

A Apply Scripture ideas
Read and discuss "for all have sinned and fall short of the glory of God, and all are justified freely by his grace through the redemption that came by Christ Jesus." Romans 3:23

I Interact idea
Name ways people try "earn their way to heaven" by doing good deeds? Would it work?
Confirm how the only way to heaven is by Gods free gift of Grace through Jesus. Its like the shawl / jacket we are wearing. When we come to God he sees Jesus (jacket) on us.

N Now pray prompts
Thank God for his mercy and ask him to never fall into trap of trying to deserve his love / grace because you already have it.



Gods Grace Discussion prompts



T Together idea
Everyone wear socks

R Relate to your life prompts
Share about a time in your life where you had to do something but felt that you were not good enough / weak in. Eg a new job, becoming a parent for first time. How did God help you?

A Apply Scripture ideas
Read and discuss scripture "My grace is sufficient for you, for my power is made perfect in weakness." 2 Corinthians 12:9.

I Interact idea
Play a game of pictinary using theme tasks easy when someone is helping you. or read poem "Footprints" and discuss.

N Now pray prompts
Tell God what are the things that you feel weak in / not good enough. Ask for him to help you with these things.

